

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

September 2022

Garden

					1 Exercise Guess that Sound YT Activity Bins Relaxation Music Peanut butter banana vanilla shakes Apple Toss	2 Exercise Bocce Activity Bins Relaxation Music Goodie Time School Supplies List	3 Exercise Lawrence Welk Activity Bins Relaxation Music Goodie Time
4 Chair Yoga Old Time Radio Activity Bins Relaxation Music Goodie Time	5 9:45 Communion Joy through Movement Sing a long Activity Bins Relaxation Music Goodie Time Name 3 Board Game <small>Labor Day</small>	6 Exercise Fancy Nails/Hand Massages Activity Bins Relaxation Music Goodie Time 1:30 Pet visit with Dixie Texture Painting	7 Chair Yoga Old Time Radio & Coloring Activity Bins Relaxation Music 2:30 Afternoon Social Wash & Dry Apple Toss	8 Exercise Junk Drawer Detective Activity Bins Relaxation Music Baking Apples Apple Prints	9 Chair Yoga Apple Jacks Stringing Activity Bins Relaxation Music Goodie Time Story of Johnny Appleseed	10 Exercise Old Time Radio Activity Bins Relaxation Music Goodie Time	
11 National Assisted Living Week Chair Yoga Lawrence Welk Activity Bins Relaxation Music Goodie Time <small>Grandparents Day</small>	12 9:45 Communion Exercise Photo Booth Fun Activity Bins Relaxation Music Goodie Time Hands Down Card Game	13 Exercise Letter Dice Activity Bins Relaxation Music Goodie Time 2:00 Staff & Family Pet Parade	14 Exercise Fancy Nails/Hand Massages Activity Bins Relaxation Music 2:00 Banana Splits Videos for Dementia Patients Wash & Dry	15 Going Apple Picking at Green Mountain YT Making Applesauce Poem: Way up high in an apple tree Relaxation Music Eating Homemade Applesauce 2:00 Piano with Sara	16 Exercise Painting Apples Activity Bins Special Italian Luncheon Relaxation Music Goodie Time Old Time Radio & Coloring	17 Exercise Lawrence Welk Activity Bins Relaxation Music Goodie Time <small>Oktoberfest Begins</small>	
18 Chair Yoga Old Time Radio Activity Bins Relaxation Music Goodie Time	19 9:45 Communion Exercise Good Ole Days Activity Bins Relaxation Music Goodie Time 3:00 Music with Chris	20 Joy through Movement Senior Sing Along Activity Bins Relaxation Music Goodie Time 1:30 Pet visit with Dixie Steal my Apples	21 Chair Yoga Dementia Music Video Activity Bins Relaxation Music Goodie Time Mono Print Art Happy Birthday Lee P.	22 Joy through Movement Fancy Nails/Hand Massages Activity Bins Relaxation Music Baking Cookies Apple Toss <small>Autumn Begins</small>	23 Exercise Penny Ante Activity Bins Relaxation Music Goodie Time Wild Animal Cam's	24 Exercise Old time Radio Activity Bins Relaxation Music Goodie Time	
25 Chair Yoga Lawrence Welk Activity Bins Relaxation Music Goodie Time <small>Rosh Hashanah Begins</small>	26 9:45 Communion Exercise Animal DVD Sing A long Activity Bins Relaxation Music Goodie Time The Most Incredible Animal Facts - YT	27 Exercise Jackson Pollack Art Activity Bins Relaxation Music Goodie Time 1:30 Pet visit with Dixie Organizing Trays	28 Exercise Paul Klee Art Activity Bins Relaxation Music Goodie Time Guess that Sound YT Old Time Radio & Coloring	29 Trip to Cranberry Harvest How do they grow? YT String Cranberries & Cherrios Relaxation Music Eat Cranberry Sauce & Drink Cranberry Juice Happy Birthday Ursula B.	30 Exercise Fancy Nails/Hand Massages Activity Bins Relaxation Music Goodie Time Video for Alzheimer Patients Wash & Dry	Exercise Lawrence Welk Activity Bins Relaxation Music Goodie Time	